



St. Andrew's Lutheran Church

Sharing Christ in
Faith, Fellowship & Service

VISIT OUR WEBSITE
FOR MORE INFORMATION:
www.saintandrewslutheran.org

**Next Saints Alive Newsletter
Deadline:**

9:00 am, August 20, 2022

Send entries to:

office@saintandrewslutheran.org

**Weekend
announcement items
are due by 9:00 am
Wednesday morning**

Saint Andrew's Staff

Rev. David Frerichs, Pastor
pastordavid@saintandrewslutheran.org

Clara Smith, Minister for Music
clarasmith@saintandrewslutheran.org

Sheryl Mehrhoff, Organist
smehrhoff@saintandrewslutheran.org

Jamie Langbart, Parish Administrator
office@saintandrewslutheran.org

David Stock, Parish Ministry Associate
Brent Lewis, Council President

573-449-5674

fax: 573-442-6390

www.saintandrewslutheran.org
office@saintandrewslutheran.org

Connect with Flocknote:
Go to

StAndrewsLutheran.flocknote.com/ or
text StAndy to 84576 to get church
email and text communications.

Saints Alive!

JULY NEWSLETTER

July 31, 2022



LUTHERAN WORLD RELIEF

Many thanks to those who have already picked up the LWR school bags and brought them back with school supplies! There are still bags available at the LWR table in the Narthex that need to be filled. School sales are going on now so it is a good time to make your purchases. There are lists on the table for the items needed for school and personal care kits. Items needed are also listed below. Please return by Sunday, August 28th. Thank you for your support Saint Andrew's!



We quilt the second and fourth Friday of each month. Or you can help cut squares, sew tops, etc. at home if that works better for you. Contact Karon Speckman, speckmank@gmail.com, if you'd like to help. All ages welcome!

Mark your calendar for:

- Aug. 12 at 9 a.m.
- Aug. 26 at 9 a.m.

SCHOOL SUPPLIES

4 – 70 sheet notebooks wide or college-ruled, 8x10

1-30 cm ruler, or with cm on one side, inches the other

1-pencil sharpener

1-pair blunt scissors, safety, remove packaging

5-unsharpened #2pencils with erasers secured with rubber band

5-black/blue ballpoint pens (no gel ink) secured with rubber band

1 box 16 or 24 crayons

2 ½" eraser

(Place ruler between notebooks.)

PERSONAL CARE KITS

1-light-weight bath size towel between 20x40 & 52x27, dark color recommended

1-adult size toothbrush in original package

1-sturdy comb, remove packaging

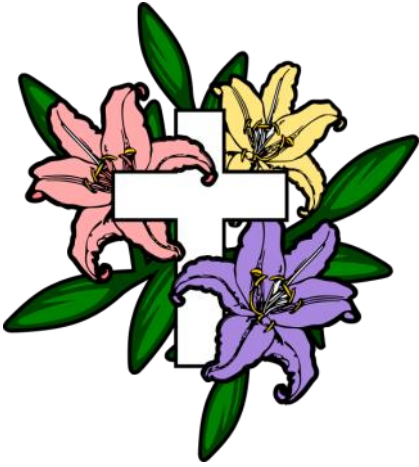
1-metal nail clippers, remove packaging

2 or 3 bath size bars of soap equaling 8-9 oz.

(in original packaging)

Fold towel in half. Place items in towel, fold and roll so nothing falls out and secure with yarn, ribbon or string

THE PASTOR'S MUSINGS



Welcome one another, therefore, just as Christ has welcomed you, for the glory of God.

~Romans 15:7 (NRSV)

Throughout twenty years of ministry, in several congregations, I have found it to be true that when people arrive at a congregation for the first time some variation of two things are true. First, something has changed in

their life. Second, they need to see themselves represented.

Over the past several months, the Congregation Council has been reading the book, *Growing Young: 6 Essential Strategies to Help Young People Discover and Love Your Church*. I learned of it from Lisa Kramme, Director for Faith Formation with the Nebraska Synod. She offered some caveats, but noted that this is a research based presentation. Some of the strategies are quite challenging on face value. Yet, with further reading and contemplation, these strategies contribute to the greater health and vitality of congregations. That health and vitality ultimately benefits members from all generations.

I raise this reading because it speaks to the reality that when people attend worship in a congregation, it matters

that they see people like themselves. They need to see themselves in the community, in leadership, in various roles. For this reason, the people who already identify as members, support proclamation of God's love and belonging to newcomers by showing up. In twelve step circles they call it suiting up and showing up. It matters when the saints of Saint Andrew's attend worship.

As the new academic year begins, there is a lot of change in many people's lives. People move to town, start college, start new jobs, children are born, experience loss and grief, there are so many changes. Those changes can also bring people to attend worship for the first time. Saint Andrew's Lutheran Church needs to be ready to welcome them. Some won't want to engage much, at least the first few times. Others will be offended if nobody talks with them. It takes wisdom and discernment to identify the best way to approach a newcomer. Saint Andrew's people are wise and discerning people indeed.

As we enter August, I know that Saint Andrew's is filled with people who love Jesus, and want to welcome others like Jesus did. Consider the ways your attendance and participation communicates that love even as it speaks to those who are looking for somebody like you in worship, fellowship and service.

Yours in Christ,
Pastor David Frerichs

GROWING YOUNG

Is your ministry looking for ways to better engage youth and young adults in the life of your faith community? You're invited to join Lisa Kramme on the evenings of August 18 and 25 and September 1 for a free Emmaus: Lifelong Learning course on the book *Growing Young* by Kara Powell, Jake Mulder & Brad Griffin.

Lisa Kramme has served fourteen years as the Director for Faith Formation with the Nebraska Synod. She's participated in a Growing Young Train the Trainer event offered by the ELCA and coordinates conversations about how to use *Growing Young* throughout the Nebraska Synod. Lisa is dedicated to offering experiences for young people to grow as leaders in the church, and she values what each generation brings to the life of the congregation. She lives in Fremont with her husband Keith and dog Owen, she's a mom and grandma, and she loves building community through stories and art.

Lisa is one of the consultants whom Pastor David and the call committee conversed with in the process of developing the Minister for Faith Formation position description for Saint Andrew's Lutheran Church. Over the past several months, the Saint Andrew's Congregation Council has been reading *Growing Young: 6 Essential Strategies to Help Young People Discover and Love Your Church*.

Now you can join the conversation through this facilitated conversation with Lisa Kramme. *Growing Young* will be the primary source. Sign up now! The registration deadline is August 11. Sign up at: <https://tinyurl.com/GrowingYoung2022>.



GROWING HOPE UPDATES

Our visit with Pini from Kenya will not happen July 31 as originally planned. Because of visa difficulties, her trip has been delayed. Stay tuned to the Weekly Update for news if she'll be able to visit central Missouri.

Photos below show news from our continuing Growing Hope/Lutheran World Relief Castrovirreyna Program in mountainous Peru. Saint Andrew's has supported this program for several years in the past.

Left: This woman learned how to plant a garden in her greenhouse so she can feed her family. She says: "My kids eat every day a balanced meal. On their plates they always have a little salad. Before they had anemia, but now they don't because I know how to give them balanced meals."

Right: This little girl holds an iron-rich supplement made from dehydrated alpaca blood. Many of the under-five children have malnutrition from parasites and anemia. In addition to improving the daily diet with vegetables, the program has trained villagers to make dehydrated blood from alpaca to add to cooked foods. An animal smaller than, but similar to the llama, the alpaca is native to the mountainous terrain and thin air of the high Andes.

-Contact Karon Speckman at speckmank@gmail.com



God's work. Our hands 2022.

Help us celebrate community service with the hands God has given us!

These are the activities planned (so far):

- August 28 (afternoon): **Loaves and Fishes Cooking**
- August 28, 4-7 p.m.: **Loaves and Fishes Serving**
- September 4, 2:30 – 4 p.m.: Jail Ministry (background checks needed)
- September 10, 8:30 – 10:30 a.m.: Food Bank
- September 11, in-between services:
 - Sew pillowcases for the Women's and Children's Hospital.
 - Write cards to veterans
- September 11 (afternoon) GWOH Party! Come meet the refugee families we have been serving and celebrate all the good things happening at Saint. Andrew's!
- September 25 (afternoon) Loaves and Fishes Cooking
- September 25, 4-7 p.m: Loaves and Fishes Serving
- October 15, 9 a.m. – noon: Columbia Center for Urban Agriculture gardening.
- Anytime: Decorate/write cards for women in the Boone County Jail

Do you have an idea for a project?

Contact Susan Goldammer at (573) 489-0338.



Loaves & Fishes

Our gratitude to the awesome volunteer team who helped feed the hungry on Sunday, July 24 at Loaves and Fishes. Thank you to bakers Carol Braaten, Linda Romine, Gwen Gray, Patti Skinner, and Kim Hickey for baking cookies and brownies. Thanks to Bobette Rose, Sarah Larson, Susan Krings, and Jenine Loesing for planning, preparing, packaging, and delivering the meals. One hundred fifty meals were prepared for distribution. We are grateful to the serving team who distributed meals: Charles Farrow, Gwen Gray, Kris Niendorf, Chris and Lilah Weaver, Kathryn Fishman-Weaver, Gloria Fishman, and Lauren Lessiack. Also, a big thanks to Susan Goldammer for coordinating the serving team.

We are thankful for the congregation's donations and support as we continue to feed those in our community who are in need. Monetary donations to support this ministry may be made directly to Saint Andrew's Lutheran Church. We are looking for volunteers to bake, cook or distribute meals each month. Meal distribution begins at 4:00 p.m. at Wilkes Boulevard Methodist Church. The next opportunity is **Sunday, August 28, 2022**. If you are interested, please contact Susan Goldammer or Jenine Loesing.

In the words of Jesus . . . just as you did to one of the least of these . . . you did it to me. Matthew 25:40.

In the past few months, the number of people eating at Loaves and Fishes has grown significantly. In addition to increasing the number of portions prepared each month, Saint Andrew's has added fresh fruit and veggies, pbj sandwiches and cheese to supplement the meals. As we work to meet the needs of our community, please consider supporting this ministry in the following ways:

*Donate money through the usual channels being sure to designate the funds for Loaves and Fishes.

*Donate garden produce or fresh fruit.

*Donate your time baking, cooking, or serving the fourth week of each month.

*Pray for this ministry and for the people we serve. We know there are more families and individuals suffering because they are unable to secure life sustaining necessities.

Please reach out to Susan Goldammer (susan.goldammer@gmail.com; 573-489-0338) or Jenine Loesing (jloesing55@gmail.com; 573-529-3921) if you have questions or to support Loaves and Fishes in the ways mentioned.

EASTERN EUROPEAN CRISIS RESPONSE

Pray for UKRAINE

On Feb. 24, Russian forces invaded Ukraine, launching land, sea and air attacks. Russia has launched air strikes across the country, including on the capital of Kyiv and other major cities. Millions of people are fleeing the violence of Russia's war against Ukraine and are moving toward Ukraine's western districts and such neighboring countries as Poland, Moldova, Slovakia, Romania and Hungary. There are major humanitarian concerns for both internally displaced people and refugees. Many of these Ukrainians fleeing their homes need shelter and such basic necessities as food, water and toiletries. Care for people also includes pastoral and psychological support to address the trauma they've endured.

OUR RESPONSE:

Lutheran Disaster Response is accompanying our companions in Ukraine, Hungary, Poland, Romania and Slovakia, as well as such ecumenical partners as this Lutheran World Federation and Church World Service, in their

humanitarian responses to the crisis created by Russia's war against Ukraine. These partners provide refugees with immediate support and supplies such as food, blankets, water and hygiene kits. Presiding Bishop Elizabeth Eaton has joined other religious leaders from Europe and around the globe in issuing an interfaith call for peace in the region.

WHAT YOU CAN DO:

PRAY:

Please pray for those in Ukraine, Russia and neighboring countries that have been affected by the war in Ukraine. May God's healing presence give them peace and hope in their time of need.

GIVE:

Your gifts designated for "Eastern Europe Crisis Response" will be used entirely (100%) to provide support for people impacted by conflict in the region.



Finances for the Mission

Budget/Giving Analysis through June 2022

June Summary	June 2022	Year to Date
Giving toward the Budget(1)	\$ 23,533	\$ 200,210
Actual Expenses for Budgeted Items	\$ 42,117	\$ 255,417
Giving over/(under) Expenses	\$ (18,584)	\$ (55,207)
Response to Budget		
Budget (Spending Estimate) Approved at 1/30/22 Annual Meeting	\$ 47,412	\$ 290,221
Giving over/(under) Budget	\$ (23,879)	\$ (90,011)
Nonbudget Special Offerings		
Afghan Refugees	\$ 156	\$ 5,414
Fifth Sunday--Columbia Community Gardens	\$ 176	\$ 635

Notes:

- (1) June year-to-date giving decreased 17.6% over June 2021.
 (2) Annual budget is \$580,441.



CATECHISM KICKSTART

Hey middle schoolers, Pastor David here. I just wanted to write this newsletter item to you to demonstrate just how out of touch I am with how to communicate with young people like you. This is probably not even the most effective way to communicate with your parents.



What the heck am I doing here? I need your help. Can you have your parents show up at 10 a.m. on Sunday, August 28, so they can school me on how best to engage you and your family in ministry—especially Catechism ministry—at Saint Andrew's?

THEN will you show up that evening at 6 p.m. (Sunday, August 28) and let the education begin...education of the old fart pastor who still uses the newsletter to communicate with you, in the twenty-first century. I'm hoping that together we can figure out the best way to talk about God and what's happening in your world and how to make sense of it all. But I need your help. Can we do this together? Maybe?

Peace,
Pr. David

Congregation Council

Saint Andrew's Council Appointee: The Congregation Council is very pleased to announce that George Kracke has been appointed as Council Secretary. George is very well qualified for this leadership role, and Council members are looking forward to working with him.
-Brent Lewis and Janet Farmer



Ministry Scheduler Pro

From now until August 31st those who serve in worship leadership will want to identify their availability for the September through November period of time. Use the Ministry Scheduler Pro portal or app. Or contact Jamie in the office with the dates you prefer or dates you are not available.

Take a moment. Consider whether you might be called to any one of the many ministry roles: Assisting Minister, Visual Projectionist, Worship Host, Greeter, and so many others. Have questions? Ask someone you see doing it. Or contact Jamie in the office for instructional information sheets. To sign up for any of the roles, contact Jamie to be included in the schedule.

The full list of Sunday morning ministries includes:

- Assisting Minister (both)
- Acolyte (both)
- Greeter (both)
- Worship Host (both)
- Communion Preparer (before 8:30 & 11)
- Communion Clean up (after 11)
- Visual Projectionist (both)
- Zoom Worship Host (11 only)
- Zoom Tech Director (11 only)
- Building Opener (before 8:30)
- Building Closer (after 11)

There is a particular need for Assisting Ministers at the 8:30 service.

Peace,
Pr. David



Ministry Scheduler Pro

Request Deadline

Please look at the schedule for September, October and November, determine when you can serve, and sign up using the MSP web terminal found on the saintandrewslutheran.org website or send your preferred or unavailable dates to the office (office@saintandrewslutheran.org) by **August 14**



Spark Worship Bulletins: The Spark Worship Bulletins are available for download every week on Friday. You can access the current week Pre-Reader and Reader bulletins through the Friday Flocknote Weekly Update.

WE REMEMBER IN PRAYER

Almighty God,

*you gave your apostle Andrew the grace
to obey the call of your Son
and to bring his brother to Jesus.
Give us also, who are called by your holy word,
grace to follow Jesus without delay
and to bring into his presence
those who are near to us,
for he lives and reigns with you and the Holy Spirit,
one God, now and forever. Amen*

We continue to offer prayers of hope and healing for:

Nancy Smith	Patric
Dean Smith	Ida Gastler
Andy Smith	Michelle Thomas
Becca (Smith)	Mike Alexander
Jean Piest	Joanne Boomer
Katie Koopman	Ellie Hanney
Ivan Vining	Stephanie Hsiung (she-ung)
Charlie Landow	Christy Provanca
Madalyn Gramke	Jim Steele
Jim Kennedy	Debbie Franklin
Peg Gibson	Kate Donaghy (don-a-hee)
Marvin Davidson	Valencia Clemons-Bush
Rev. Dr. C.W. Dawson	
Candi Glancy	

We pray for those in the military:

Eric Childers, Brayden Coy, Matthew Lee, Kevin Grove, and those serving throughout the world.

We pray for those with other kinds of needs:

For those recovering from natural disasters such as earthquake and tornado.

For all whose experience is racism in tiny events and overt white supremacist attacks.

For members of the LGBTQIA (ell-gee-bee-tee-cue-i-a) community experiencing distress and pain in light of hostility in courts, and legislatures.

For those in harm's way in Ukraine through the Russian invasion.

The women at Boone County Jail with whom we minister: Susan, Krista, Marci, Jerika, Kim, Rhonda, Jamie, Sabby, Halley, Trenequa.

O God, bring into your presence those who grieve the loss of loved ones:

For family and friends of Robert Piest

O God, bring into your presence all for whom we may pray, that they may know your grace, your love, and your peace.



Austin Nickell	Aug 1	Larry Goodwin	Aug 21
Paul Romine	Aug 1	Kim Hickey	Aug 21
Bryce Bock	Aug 2	Travis Huff	Aug 22
Angela Nickell	Aug 2	Claudia Miller	Aug 22
Linda Vedder	Aug 2	Karon Speckman	Aug 22
Sheldon Toepke	Aug 3	Lawrence Leip	Aug 23
Karissa Williams	Aug 4	Kinleigh Kite	Aug 24
Amanda Arbuckle	Aug 5	Micaila Leip	Aug 24
Kimberly Kite	Aug 5	Nick Gilbert	Aug 27
Alexander Long	Aug 5	Stephen Miller	Aug 28
Matthew Woodard	Aug 5	Katelyn Wright	Aug 28
Marge Veum	Aug 7	Peyton Anliker	Aug 29
Charlene Kavanaugh	Aug 8	Sherri Chapman	Aug 29
Barb Lewis	Aug 8	Amani Kileo	Aug 30
Jacob Gillig	Aug 10	Brenda Page	Aug 30
Henry Huff	Aug 10	Owen Walls	Aug 30
Fenton Johnston	Aug 10	Christine Flood	Aug 31
Jeremy Briggs	Aug 11		
Nicholas Follett	Aug 11		
Olivia Fischer	Aug 12		
Felix Thomas	Aug 12		
Dawn Lessiack	Aug 13		
Erin Buchheit	Aug 14		
Trinity Mott	Aug 14		
Rosalie Buchheit	Aug 17		
Shannon Miller	Aug 17		
Michelle Froese	Aug 18		
Heidi Anderson	Aug 21		



If your birthday is missing or is listed incorrectly,
please contact Jamie in the church office:

office@SaintAndrewsLutheran.org

Or by phone: 573-449-5674



August 2022

Monday, August 1

2:00 pm Prayer Team
4:00 pm Developing Disciples
6:30 pm Endowment Board

Tuesday, August 2

6:30 pm Mutual Ministry

Wednesday, August 3

8:00 am Men's Bible Study
6:15 pm Wednesday Worship

Thursday, August 4

5:00 pm CSS Congregational Vitality

Saturday, August 6

7:00 am Men's Breakfast

Sunday, August 7

8:30 am Worship (In person only)
11:00 am Worship (In person and on Zoom)

Wednesday, August 10

8:00 am Men's Bible Study
6:15 pm Wednesday Worship

Friday, August 12

9:00 am Quilt Tying

Sunday, August 14

8:30 am Worship (In person only)
11:00 am Worship (In person and on Zoom)

Wednesday, August 17



The response to our plant watering needs at Saint Andrew's has been terrific! Thank you to everyone that is available to assist during these hot summer days. August dates and details for how to water are available through the Flocknote sign-up.

You can also call 573-449-5674 or email the Parish administrator at office@saintandrewslutheran.org. We look forward to you joining the team!

8:00 am Men's Bible Study
6:15 pm Wednesday Worship

Thursday, August 18

6:00 pm Council Meeting (In person and on Zoom)

Sunday, August 21

8:30 am Worship (In person only)
11:00 am Worship (In person and on Zoom)

Tuesday, August 23

1:00 pm Archives Meeting

Wednesday, August 24

8:00 am Men's Bible Study
6:15 pm Wednesday Worship

Friday, August 26

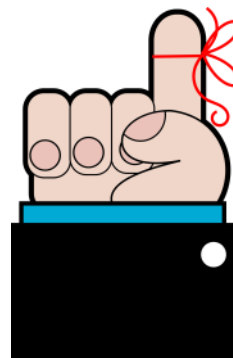
9:00 am Quilt Tying

Sunday, August 28

8:30 am Worship (In person only)
10:00 am Loaves and Fishes
10:00 am Catechism Parent Meeting
11:00 am Worship (In person and on Zoom)
4:00 pm Loaves and Fishes Distribution—Wilkes Blvd.
6:00 pm Catechism

Wednesday, August 31

8:00 am Men's Bible Study
6:15 pm Wednesday Worship



**DON'T
FORGET
NEWSLETTER
SUBMISSION
DEADLINE**

This is a reminder that the deadline for September newsletter articles will be **Monday August 22nd**. If your group or committee wishes to share an update or make an announcement, the Newsletter is a great platform to share this information.

To submit your article, simply email your newsletter item to me at office@saintandrewslutheran.org.

Thank you!
Parish Administrator

MAKING AN OFFERING

Saint Andrew's Lutheran Church provides a variety of options for making an offering.

Giving Options include:

- **Offering Basket:** Place your offering in the basket as you enter or leave worship or send offerings by mail;
- **Online:** Visit SaintAndrewsLutheran.org website and click the Donate Now button;
- **Bill pay:** Use the convenience of the bill pay feature through your financial institution.
- **Give by Text:** participants may text their offering amount to (844) 989-4094 and follow the instructions;
- **Smartphone App:** participants may download the Vanco Mobile app from iOS App store or GooglePlay, then search for "St Andrews Lutheran Church" or "Columbia MO".



WORSHIP AT SAINT ANDREW'S AUGUST 2022

August 7

9th Sunday after Pentecost

Genesis 15:1-6 ; Psalm 33:12-22
Hebrews 11:1-3, 8-16, Luke 12:32-40
Setting 8

August 14

10th Sunday after Pentecost

Jeremiah 23:23-29, Psalm 82
Hebrews 11:29-12:2, Luke 12:49-56
Setting 8

August 21

11th Sunday after Pentecost

Isaiah 58:9b-14 ; Psalm 103:1-8
Hebrews 12:18-29; Luke 13:10-17
Setting 8

August 28

12th Sunday after Pentecost

Proverbs 25:6-7, Psalm 112
Hebrews 13:1-8, 15-16, Luke 14:1,7-14
Setting 8

Relief for

UKRAINE

There are multiple ways to provide support for Ukraine. Go to Lutheran World Relief at lwr.org and select Give Now or go to Lutheran Disaster Relief at ldr.org and select Eastern Europe Crisis Response.



Listen **EVERYWHERE**

FROM LISTEN TECHNOLOGIES

Saint Andrew's Lutheran Church has installed **Assistive Listening technology** that encompasses three technologies. Refer to the informational guide available at the church. Most Hearing Aid technologies (Bluetooth, T-coil, or universal speaker) can be accommodated with this system.

Using Your Phone To Join Zoom Worship

You can use your phone to join Worship every Sunday at 11:00 am and Wednesdays at 6:00 pm

To join call (312)-626-6799
Enter Meeting ID: 573-449-5674
Password: 65203



**St. Andrew's
Lutheran Church**

Sharing Christ in Faith, Fellowship & Service

Saint Andrew's Evangelical Lutheran

914 West Blvd. South
Columbia, MO 65203
www.saintandrewslutheran.org
Phone: (573)449-5674
Email: office@saintandrewslutheran.org

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